

ORIGINAL ARTICLES

- The Weight of Schoolbags and Musculoskeletal Pain in Children of Selected Schools in Thimphu, Bhutan: A Cross-sectional Study

CASE REPORTS

- Case Spine ABC, A Multidimensional Case Report from A to Z: Aneurysmal Bone Cyst of the Spine. *In memory of Dimitrios Konstantinou*
- Recurrent Subacute Subdural Hematoma in a 67-Year-Old Female with Late Alzheimer's Disease: A Case Report
- Pulmonary Embolism Secondary to Silicone Injection
- Aneurysmal Subarachnoid Hemorrhage in a 68-Year-old Hyperglycemic Female Patient: Case Report and Literature Review

EXPERIENCES

- What Was the Name of That Drug? How Medical Students can Make the Most Out of Their Education



IJMS

INTERNATIONAL JOURNAL *of*
MEDICAL STUDENTS

International Journal of Medical Students

The *International Journal of Medical Students* (IJMS) is a peer-reviewed open-access journal, related to share the scientific production and experiences of medical students worldwide.

INTERNATIONAL JOURNAL OF MEDICAL STUDENTS
YEAR 2019 - VOLUME 7 - ISSUE 2

EDITORIAL STAFF

Editor in Chief

Francisco Javier Bonilla-Escobar, MD, MSc, PhD(c)
University of Pittsburgh, USA. University of Valle, Cali, Colombia

Scientific Editor

Mihnea-Alexandru Găman, MD(c)
"Carol Davila" University of Medicine and Pharmacy, Bucharest, Romania

Associate Editors

Ammar Ismail
Al-Azhar University, Cairo, Egypt

Arturo Silvero Isidre
National University of Asuncion, Asuncion, Paraguay

Student Editors

Aidan Tan
University of New South Wales, Sydney, Australia

Alessandro Sgrò
University of Pavia, Italy

Ankit Raj
Kasturba Medical College, Manipal University, Manipal, India

David Avelar Rodriguez
Instituto Nacional de Pediatría, Mexico City, Mexico

David Ben-Nun
Sackler School of Medicine, Tel Aviv University, Tel Aviv, Israel

Jimmy Tam Huy Pham
Arizona College of Osteopathic Medicine, USA

Lukas Kaesmann
University of Munich, Germany

Mohamed M. Gad
Ain Shams University, Cairo, Egypt

Jona Shkurti
University Hospital "Mother Teresa", Tirana, Albania

Madeleine J. Cox
University of New South Wales, Sydney, Australia

Nathaniel Edward Hayward
University College Cork, Cork, Ireland

Nicholas Hui
Newcastle University of New South Wales, Sydney, Australia

Ryan Sless
University College Cork, Cork, Ireland

Samreen Fathima
Deccan College of Medical Sciences, Dr.NTR University of Health Sciences, India.

Thiago Henrique Roza
Federal University of Paraná, Brazil

Paul MacDaragh Ryan
University College Cork, Cork, Ireland

Shawn Albers
University College Cork, Cork, Ireland

Thanthima Suwanhawornkul
University Medical Center Groningen, the Netherlands

Vivek Podder
Tairunessa Memorial Medical College, University of Dhaka, Konya, Bangladesh

Yimeng Zhang
University of Malta, Malta

EDITORIAL BOARD

Abdel Kareem Azab, PhD.
Washington University in St Louis, St Louis, MO, USA

Abdelrahman I. Abushouk, MD.
Ain Shams University, Egypt.

Abhishekh Hulegar Ashok, MD.
National Institute of Mental Health and Neurosciences, UK.

Adrian Baranchuk, MD, FACC, FRCPC.
Queen's University, Kingston, ON, Canada.

Bogdan Socea, MD, PhD.
"Carol Davila" University of Medicine and Pharmacy, Bucharest, Romania.

Jorge Enrique Gomez-Marin, MD, MSc, PhD.
University of Quindío, Armenia, Colombia

Juan Carlos Puyana, MD, FRCS, FACS, FACC.
University of Pittsburgh, Pittsburgh, PA, USA

Juliana Bonilla-Velez, MD.
University of Arkansas for Medical Sciences, Little Rock, AR, USA

Mario Rueda, MD.
Johns Hopkins University School of Medicine, Baltimore, MD, USA.

Matouš Hrdinka, MSc, PhD.
University Hospital Ostrava, Ostrava, Czech Republic.

Rahul Kashyap, MD.
Mayo Clinic, Rochester, MN, USA.

SUPPORT COMMITTEE OF PUBLIC RELATIONS AND COMMUNICATIONS

Director

Hilkiah Kinfemichael
Myungsung Medical College, Addis Ababa, Ethiopia

Ambassadors

Asia

Noof Rashid
Dubai Medical College for Girls, Dubai, United Arab Emirates

Rabeya Shikdar
Mymensingh Medical College, Bangladesh

Aishani Chawla
Manipal University, India

Azherullah Quadri
Dr. NTR University of Health Sciences, India

Poorva Patil
Kasturba Medical College, India

Rakshith N
Hassan Institute of Medical sciences, India

Roslin Jose
Vydehi Institute of Medical Sciences and Research Centre, India

Soundarya Soundararajan
National Institute of Mental Health & Neurosciences, India

Essam Munir
Baghdad Medical School, Iraq

Dima Jamal
Beirut Arab University, Lebanon

Gaelle Feghali
Saint-Joseph University, Lebanon

Faizan Akram
The Islamia University of Bahawalpur, Pakistan

Luqman Khan
Foundation University Medical College, Pakistan

Osaid Hasan
Islamic university of Gaza, Pakistan

Omar Al-Midani
University of Sharjah, United Arab Emirates

Africa
Hadeer Elsaed
Mansoura University, Egypt

Yohannes Abebe
Bahir Dar University, Ethiopia

Daniel Irowa
Obafemi Awolowo University, Nigeria

Moyosola A. Bamidele
JSI Research & Training Inc, Nigeria

Innocent Ndikubwimana
University of Rwanda, Rwanda

Europe

Farrugia Georgiana
University of Malta, Malta

Yimeng Zhang
University of Malta, Malta

Sonja Jankovic
University of Niš, Serbia

Ige Akinboboye
Lviv National Medical University, Ukraine

Mashkur Isa
Bukovinian State Medical University, Ukraine

America

Colleen Campbell
University of the West Indies, Jamaica

DIAGRAMMING EDITOR
Alejandro Muñoz-Valencia, MD
University of Pittsburgh, USA

PROOFREADING EDITOR
Michelle Ramirez
Indiana University Purdue University – Indianapolis, USA

PARTNERS

AIMS Meeting
Annual International Medical Students Meeting, Portugal

ASCEMCO
Colombian Association of Medical Student Scientific Societies,
Colombia

CNEM
National Medical Students' Conference, Spain

COIMAMA
International Academic Medical Congress of Maranhão, Brazil

COMAPI
Academic Medical Congress of Piauí, Brazil

CoMAU
Congress of Medical Students of Unicamp, Brazil

CSurgeries, USA

IMSCB
International Medical Students' Congress of Bucharest, Romania

IMSRC
International Medical Students' Research Congress, Turkey

ISMCK
International Student Medical Congress in Košice, Slovak Republic

ISPC
International Student Psychiatry Conference in Katowice, Poland

Medicalis
International Congress for Medical Students and Young Health
Professionals, Romania

MMI
Malaysian Medics International, Malaysia

MMSS
Malaysian Medical Students Summit, Malaysia

SAMED
International Medical Students Congress Sarajevo, Bosnia-
Herzegovina

WIMC
Warsaw International Medical Congress, Poland

YES Meeting
Young European Scientist Meeting, Portugal



INTERNATIONAL JOURNAL *of* MEDICAL STUDENTS

The *International Journal of Medical Students* (IJMS) is a peer-reviewed, open-access journal created to share the scientific production and experiences of medical students worldwide. Our objective is to be the primary diffusion platform for medical students, using standards that follow the process of scientific publication.

The Journal receives contributions of previously unpublished Original Articles, Short Communications, Reviews, Case Reports, Interviews, Experiences and Letters, which are reviewed by experts (Peer Reviewers) who have previously published similar research. This supports the quality and validity of the manuscripts. The review time delay in most cases has been two to four months depending on the diligence of peer-reviewers and authors.

The Journal, Editorial Staff and the Editorial Board are not responsible for the opinions expressed by the Authors of all published material, nor do these represent the official policy or medical opinion of the Journal or the institutions with which they are affiliated, unless otherwise stated.

The *International Journal of Medical Students* is published triannually on behalf of the *Executive Committee of the International Journal of Medical Students*. Any publication, dissemination or distribution of the information included in the Journal is permitted only if the source is cited (*Int J Med Students*).

The *International Journal of Medical Students* is indexed or abstracted in: Bielefeld Academic Search Engine (BASE), Dialnet Foundation (Dialnet), Directory of Open Access Journals (DOAJ), Directory of Research Journals Indexing, Elektronische Zeitschriftenbibliothek (EZB), e-Revistas, Geneva Foundation for Medical Education and Research, Google Scholar, Health InterNetwork (HINARI), Journal Seek Database, List of Publications that follow the International Committee of Medical Journal Editors (ICMJE), Mexican Index of LatinAmerican Biomedical Journals (IMBIOMED), NewJour, Open Academic Journals Index (OAJI), Online Computer Library Center (OCLC) WorldCat, Pubshub, Research Bible, Rubriq, SHERPA/RoMEO, Scientific Indexing Services (SIS), The e-Journal Gateway (J Gate), The Open Access Digital Library, Ulrich's International Periodical Directory/Summon by Serial Solutions.

All full-text articles are available at: www.ijms.info
e-ISSN 2076-6327 (Online)

The *International Journal of Medical Students* is licensed under a *Creative Commons Attribution 4.0 International License*.
Issued in Pittsburgh, PA, USA.

International Journal of Medical Students

Year 2019 • Months May-Aug • Volume 7 • Issue 2

Int J Med Students. 2019 May-Aug;7(2)

Table of Contents

	Page
Original Articles	
The Weight of Schoolbags and Musculoskeletal Pain in Children of Selected Schools in Thimphu, Bhutan: A Cross-sectional Study Thinley Dorji, Saran Tenzin Tamang, Sonam Yoezer, Kuenzang Wangdi.	29
Case Reports	
Spine ABC, A Multidimensional Case Report from A to Z: Aneurysmal Bone Cyst of the Spine In memory of Dimitrios Konstantinou Eliza (Eleni-Zacharoula) Georgiou, Savvina Prapiadou, Helen Kourea.	33
Recurrent Subacute Subdural Hematoma in a 67-Year-Old Female with Late Alzheimer's Disease: A Case Report Paul Marcel Morgan.	38
Pulmonary Embolism Secondary to Silicone Injection Carolyn Frances Molina, Zachary Paul Retalis.	41
Aneurysmal Subarachnoid Hemorrhage in a 68-Year-old Hyperglycemic Female Patient: Case Report and Literature Review Paul Marcel Morgan.	45
Experiences	
What Was the Name of That Drug? How Medical Students can Make the Most Out of Their Education Aryan Riahi, David Jung.	50